

APPENDIX E:

UNIVERSAL PAIN ASSESSMENT TOOL

Verbal Descriptor Scale										
	0	1	2	3	4	5	6	7	8	9
	No Pain	Mild Pain	Moderate Pain	Severe Pain		Very Severe Pain		Excruciating Pain		

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Descriptive Scale	Alert Smiling	No Humor Serious Flat	Furrowed Brow Pursed Lips Breath Holding	Wrinkled Nose Raised Upper Lip Rapid Breathing	Slow Blink Open Mouth	Eyes Closed Moaning Crying
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Activity Tolerance Scale	No Pain	Can be Ignored	Interferes with Tasks	Interferes with Concentration	Interferes with Basic Needs	Bed Rest Required
Spanish	Nada de Dolor	Un Poquito de Dolor	Un Dolor Leve	Dolor Fuerte	Dolor Desmasiado Fuerte	Un Dolor Insoportable

Source: Hybrid of scales by authors. Wong-Baker FACES® Pain Scale Rating license grants this use. Reproduction of the Wong-Baker FACES® material requires licensing at www.wongbakerfaces.org.

PEDIATRIC PAIN ASSESSMENT TOOL

Appropriate age: Less than 4 years old

PEDIATRIC PAIN ASSESSMENT SCORING			
Categories	0	1	2
FACE	No particular expression or smile	Occasional grimace or frown; withdrawn; disinterested.	Frequent to constant frown, clenched jaw, quivering chin
LEGS	Normal position or relaxed	Uneasy, restless, tense	Kicking, or legs drawn up
ACTIVITY	Lying quietly, normal position, moves easily	Squirming, shifting back and forth, tense	Arched, rigid or jerking
CRY	No cry (awake or asleep)	Moans or whimpers, occasional complaint	Crying steadily, screams or sobs, frequent complaints
CONSOLABILITY	Content; Relaxed	Reassured by occasional touching, hugging, or being talked to; distractible	Difficult to console or comfort
<p>Each of the five categories (F) Face; (L) Legs; (A) Activity; (C) Cry; (C) Consolability is scored from 0-2 which results in a total score between zero and ten.</p> <ul style="list-style-type: none"> • 0 = Relaxed and comfortable • 1-3 = Mild discomfort • 4-6 = Moderate pain • 7-10 = Severe discomfort/pain 			