| Bayfield-Ashland Counties EMS | P-4                                  |
|-------------------------------|--------------------------------------|
| PEDIATRIC                     | RESPIRATORY DISTRESS - BRONCHIOLITIS |

SYMPTOMS: Child less than 2 years old with diffuse rhonchi (coarse breath sounds) or an otherwise undifferentiated illness characterized by rhinorrhea (runny nose), cough, fever, tachypnea, and/or respiratory distress.

Assessment, Treatment and Interventions

### EMR-O: EMT-R

- 1. Manage the airway in the least invasive way possible.
- 2. Primary survey.
  - a. Note signs of distress grunting, nasal flaring, retracting, stridor
  - b. Breath sounds
  - c. Air entry (normal vs. diminished)
  - d. Weak cry
  - e. Color
  - f. Mental status
  - g. Hydration status
- 3. Obtain and monitor vital signs including temperature, pulse, blood pressure, respirations and SpO<sub>2</sub>.
- 4. Administer oxygen as appropriate with a target of achieving greater than 93% saturation.
- 5. Suction the nose and/or mouth if excessive secretions present.

#### EMT-R

- 6. Utilize non-visualized airways only if bag-valve-mask ventilation fails.
- 7. Obtain ETCO<sub>2</sub>.

# EMT-O; AEMT-R

8. If approved within your service, administer CPAP (continuous positive airway pressure) or BiPAP (Bi-level positive airway pressure) for severe respiratory distress.

### AEMT-R

9. Place IVs only in children with respiratory distress for clinical concerns of dehydration, or when administering IV medications.

# INT-R

10. Administer nebulized epinephrine [2.5–5 ml nebulized] in children in severe respiratory distress with bronchiolitis (e.g. coarse breath sounds) in the prehospital setting if other treatments (e.g. suctioning, oxygen) fail to result in clinical improvement.

# INT-O; PARA-R

11. Utilize intubation only if bag-valve-mask ventilation fails.