Bayfield-Ashland Counties EMS Council	M-15
MEDICAL	STROKE / TIA

SYMPTOMS: Facial droop, slurred speech, localized weakness, gait disturbance, altered mentation, one side paralysis, severe headache, neck pain/stiffness, difficulty seeing, failure of the eyes to turn together in the same direction.

LIMIT SCENE TIME TO 10 MIN or LESS!

Assessment, Treatment and Interventions

ALL EMS LEVELS

- 1. Ensure patent airway.
- 2. Check for trauma. (If trauma, and GCS less than or equal to 13, treat per *Head Injury [T-7]* and *General Trauma guidelines [T-1]*.)
- 3. Evaluate for presence of stroke using a validated prehospital stroke scale
 - a. Facial droop ask patient to smile
 - b. Arms ask patient to close eyes and hold out arms for count of 10 seconds
 - c. Speech "You can't teach an old dog new tricks"
- 4. Document "last known well" time.
- 5. Evaluate for the presence of stroke mimics including:
 - a. Hypoglycemia
 - b. Seizure
 - c. Sepsis
 - d. Migraine
 - e. Intoxication

EMR-O: EMT-R.

- 6. Obtain and monitor vital signs including pulse, respirations and blood pressure.
- 7. Determine SpO₂.
- 8. Administer oxygen as appropriate for dyspnea or distress with a target of achieving greater than 93% saturation for most acutely ill patients.
- 9. Check blood glucose level; treat per *Hypoglycemia guideline [M-9]* if glucose less than 60 mg/dL.
- 10. Treat Seizures per **Seizure guideline [M-12]**.
- 11. Elevate head of stretcher 15-30 degrees to prevent aspiration if systolic BP greater than 100 mm Hg.
- 12. Maintain head and neck in neutral alignment.
- 13. Notify hospital of possible stroke patient/stroke alert. Destination decision made on stroke system of care.

EMT-O

14. Acquire 12-lead ECG.

INT-R

15. Interpret 12-lead ECG.