| Bayfield-Ashland Counties EMS | M-11 |
|-------------------------------|-----------------|
| MEDICAL | PAIN MANAGEMENT |

SYMPTOMS:

Patient who is experiencing pain.

EXCLUSIONS:

- Pregnancy with active labor
- Dental pain
- Patients with care-plans that prohibit use of parenteral analgesics by EMS
- Patients with chronic pain who are not part of a hospice and/or palliative care plan

ASSESSMENT and TREATMENT

ALL LEVELS

- 1. Conduct primary and secondary assessment.
- 2. Treat any life-threatening conditions.
- 3. Identify location(s) of pain.
- 4. Determine patient's pain score assessment using standard pain scale. (Assessment tool next page.)
- 5. Place patient in position of comfort.
- 6. Apply ice packs and/or splints for pain secondary to trauma.
- 7. Reassure patient verbally to control anxiety.
- 8. Document pain level before and after interventions.
- 9. Transport in the position of comfort and reassess as indicated.
- 10. If not improved and patient continues to experience discomfort/pain, consider requesting ALS for analgesic administration.

EMT-O

- 11. Place patient on ECG cardiac monitor.
- 12. If patient is experiencing moderate discomfort/pain consider administration of Acetaminophen [15mg/kg PO max dose 1000mg] or Ibuprofen [10mg/kg PO max dose 600mg] for both adult or pediatric patients.
- 13. Record pain severity before and after medication administration.

AEMT-R

- 14. Establish IV/IO of normal saline
- 15. If patient is experiencing moderate discomfort/pain consider administration of Acetaminophen [15mg/kg PR/IV/IO/PO max dose 1000mg] for both adult or pediatric patients.
- 16. Record pain severity before and after medication administration.

AEMT-O

- 17. Consider administration of Ibuprofen [10 mg/kg PO max dose 600 mg] OR Ketorolac one time dose only [Adult: 15mg IV/IO or 30mg IM; Pediatric: 0.5mg/kg IV/IO (maximum dose of 15mg) or 1mg/kg IM (max dose of 30mg)].
- 18. Consider use of nitrous oxide [20-50% concentrated mixed with oxygen and self-administered with constant monitoring] for both adult and pediatric patients.

INT-R

19. Acquire and interpret ECG.

INT-O

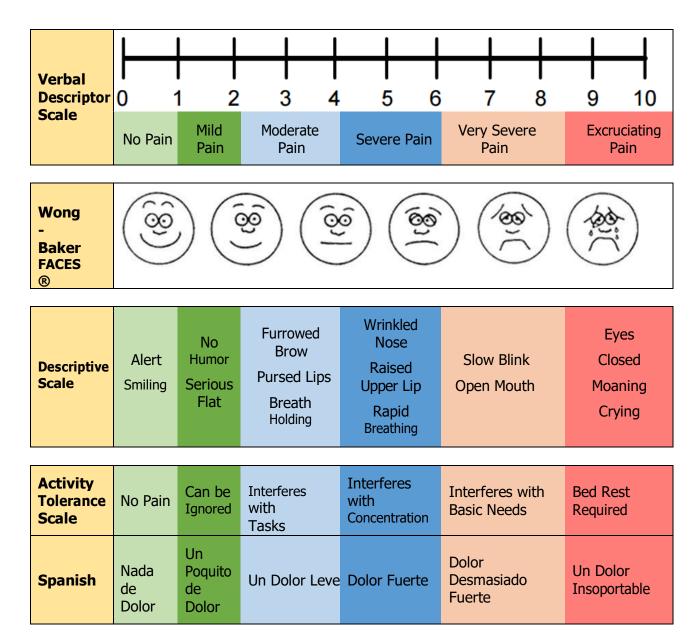
- 20. If patient is experiencing severe pain, administer analgesics.
- 21. May consider use of Fentanyl [0.5-1mcg/kg IV/IM/IN (maximum initial dose of 100mcg)] OR morphine sulfate [no dosage listed] for both adult and pediatric patients.

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PARA-O

- 22. May consider administration of Ketamine [0.5 mg/kg IV/IO/IM/IN (max initial dose of 25 mg; maximum cumulative dose of 100 mg)].
- 23. Consider administration of oral, sublingual or IV antiemetics to prevent nausea in high-risk patients.

Universal Pain Assessment Tool



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