

# Emergency Services Newsletter



## EMERGENCY MANAGEMENT NEWS

With minimal hours and many projects, we have decided to make this newsletter quarterly. I urge you to still reach out to me with items you would like to see in the newsletter for other law enforcement, Fire and EMS agencies to read.

We presented the SAR team and bylaws to the Sheriff's Committee and the supervisors voted unanimously in favor of the formation of the SAR team and to proceed with presenting to the Executive Board for final approval on May 11th at 4pm. From there, we will have our bylaws reviewed by Corporate Counsel. During this process, we recommend for those who are interested in participating in the SAR team to start the process by going through the FEMA Independent Study Course 317.a Introduction to Community Emergency Response Team. Though this course is not SAR specific, it is a requirement for membership and a prerequisite for the courses that will be taken in the future. We are striving to have a high standard for training and this is where it starts.

You can find the course at <https://training.fema.gov/is/courseoverview.aspx?code=IS-317.a&lang=en>



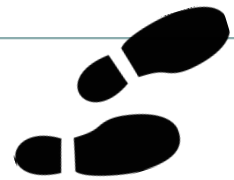
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## More EM News



EM is working with Mrs. Kuka to provide a mental health resource for our first responders. The need was heard and we hope this approach is one answer. This is what Mrs. Kuka would like for you to know now. She shared at the EMS Council meeting, she will be sharing at the Fire Association meeting, and plans to meet with L.E. agencies soon.

### Group EMDR for First Responders

Chequamegon Counseling will soon be hosting Group EMDR (GTEP) sessions once per month for First Responders and Public Safety Professionals in Bayfield County. First responders witness traumatic events on a regular basis as part of their jobs, and often have developed skills to manage those experiences. However, first responders experience PTSD at a higher rate than the general population. PTSD symptoms arise when we experience an event that gets 'stuck in the brain' and gets stored in a maladaptive way. EMDR is a therapy technique that helps memories become 'unstuck' so that they are stored in an adaptive way. Group EMDR, or GTEP, is an intervention that can be used after critical incidents to process events in a group setting. GTEP can also be used as an early intervention, and when used shortly following a critical incident can *prevent* material from being stored in a maladaptive way. GTEP reduces the distress that surrounds a recent traumatic episode, and research shows that it can decrease the onset of PTSD, depression, anxiety, and substance use that can follow trauma. **The unique thing about GTEP is that at no point are group members asked or encouraged to share any details of their traumatic episode with others in the group.** This makes GTEP a particularly effective and comfortable intervention.

GTEP sessions are 100% voluntary. GTEP sessions will be offered once per month, but can be requested by individual departments following a particular critical incident. All First Responders and Public Safety Professionals in Bayfield County are welcome (firefighters, EMS, law enforcement officers, dispatch). If you are a first responder, you might be wondering at what point you would attend a GTEP session. If you have witnessed a traumatic event, the upcoming GTEP session would be appropriate for you as an early intervention/prevention. If you are experiencing symptoms of PTSD (flashbacks, nightmares, hypervigilance, insomnia, irritability, etc.) or if you have experienced a traumatic event that "feels different" or is "hard to shake", you might consider attending the next GTEP session.

Contact Brittany Kuka at

[brittany@chequamegoncounseling.com](mailto:brittany@chequamegoncounseling.com) with any questions or for more information.





## Jail Update

By Captain Luke Kleczka

As of 3/29/2023, We have 44 inmates in the jail. 35 males and 9 females. We are currently boarding 20 inmates for Burnette County, Ashland County, and DOC sanctions. We have 3 sentenced inmates being released from the jail for work release throughout the week, one of which is a Huber transfer from Ashland county. We have one person serving his sentence on Electronic Monitor, and two others serving their Bayfield County jail sentences as Huber Transfers in Dunn and Douglas County. Jail Officers transported a DOC inmate from Stanley Correctional Institute (Stanley, WI) to the Bayfield county jail and back for his sentencing hearing. We also travel to Rochester, MN to pick up a woman who was arrested on a Bayfield county nationwide warrant.

We had a number of our jail staff attend Jail Officer recertification training. This a 3 day(24 hour) annual training to maintain their WI Jail Officer certification. The jail continues to run programing in the jail such as: GED classes (Northwood Tech), AODA, Individual counseling sessions, Literacy Link.





# Rescue Divas

EMS Camp for Girls

Rescue Divas is a fun, hands-on residential summer camp designed to expose girls to Emergency Medical Services careers. Our exciting activities will help girls grow confidence and become stronger leaders, even during times of high stress. This special opportunity is open to 20 girls currently in 6th, 7th and 8th grades residing in Northwest Wisconsin - primarily from the counties of Ashland, Bayfield, Burnett, Douglas, Iron, Price, Rusk, Sawyer, Taylor and Washburn.

- CPR Training
- First Aid Training
- Canine Search & Rescue
- EMS Speakers & Demonstrations
- Awesome Day of Field Trips
- Emergency Scenarios
- Lots of Fun Games & Activities
- Make New Friends & Great Memories!

**Applications Due  
Friday, May 26th, 2023**



**2023 Session:  
July 30th  
through  
August 3rd**

**Northland College,  
Ashland, WI**

For more information or to apply: visit [RescueDivas.org](https://RescueDivas.org), email [rescuedivas@nwcep.org](mailto:rescuedivas@nwcep.org), or call Mary Zinnecker, Rescue Divas Project Director, at 715-682-9141 x5122.

The cost to attend Rescue Divas 2023 is \$35 which is about 5% of the actual cost per girl to operate Rescue Divas thanks to our generous sponsors. Please see our website for the list or to donate.



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Northwest Wisconsin CEP is an equal opportunity employer and service provider. If you have a disability and need assistance with this information, please call us through Wisconsin Relay Service (7-1-1) or 800-947-3529. To request information in an alternate format, including language assistance or translation of the information, please contact us at 715-682-9141 or 888-780-4237 (toll-free).

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## FLOODING



Spring Flooding in the area continues to be a concern for local municipalities. There's approximately \$300,000 worth of damages to local road and culvert infrastructure. With wet weather in the forecast over the next few weeks, take care when driving over heavily saturated areas and areas prone to washout. Please report any unsafe conditions to local road crews and emergency management. Picture above of Hwy 63 by John Buvala and below of Motel Rd. by Jeff Koval on Wednesday April 12th.





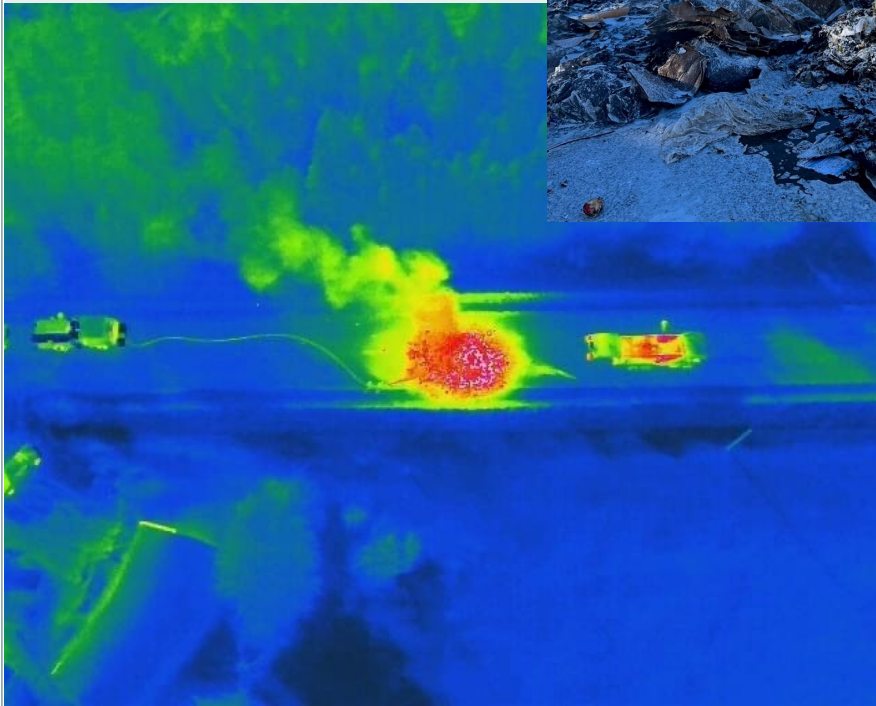


## Washburn Fire By Al Krause

On 2/10/2023 at 0936hrs Washburn responded to a garbage truck fire on Cozy Corner Road in the town of Barksdale. Upon noticing the fire the driver dumped the load onto the roadway, saving the truck.

Responding to the scene were Bayfield County Sheriff's Office, Washburn EMS 91, and Washburn Fire's Engine 1, Tanker 1, and Brush Truck.

Thank you to John Buvala for the overhead pictures.



## Saying Goodbye

Washburn Fire Chief Michael Pedersen, passed away on Friday, April 14, 2023. He is survived by his wife of 57 years, Toni (Kolberg) Pedersen, three children Kirsten Pedersen (Tom Nelson), Garit Pedersen (Aurora) and Robert and Heidi (Pedersen) Haas, five grandchildren Jack and Sylvia Nelson and Michael, Berit and Nora Haas, and many cousins. He will be missed by many. Mike was a skilled craftsman/builder who designed and constructed four homes for his family. He was also a firefighter for 49 years and chief for 21 years. Mike was always willing to help, and was a very loving and proud grandfather. Though the visitation day has passed, please consider making a donation in his honor to the Washburn Fire Department.

Thank you Chief for your service!



## Sheriff's Office News



Officer Ryan Miller, with assistance, applied for and received a grant through MMC to fully fund the purchases of 20 AEDs. Within the next four weeks each officer will be AED trained and outfitted with an AED in their squad car.

# MODERN-DAY RECRUITER

LEARN THE LATEST MARKETING TOOLS TO  
ATTRACT, HIRE, AND ONBOARD NEW FIREFIGHTERS.

SPONSORED BY:



This four-hour class will give you modern-day tools to improve your recruitment and retention efforts. You will be introduced to a wide range of topics related to recruitment and retention from those who have managed million-dollar recruitment grants and initiatives. Take advantage of this class if you're serious about recruiting, hiring, onboarding, and training.

**DATE:**

Saturday, May 13, 2023  
9:00 AM - 1:00 PM

**LOCATION:**

Lake Nebagamom Fire Dept.  
11528 1st Avenue N  
Nebagamom, WI

**RSVP:**

Chief Jake Fuller  
[jakefuller@outlook.com](mailto:jakefuller@outlook.com)  
218-349-5576



Bayfield County  
Emergency Management  
117 E 6th St.  
P.O. Box 423  
Washburn, WI 54891

Phone: 715-373-6113

E-mail:  
[em@bayfieldcounty.wi.gov](mailto:em@bayfieldcounty.wi.gov)

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